

## **USGS Benefits Team**

### [Entrance on Duty \(EOD Benefits Information for New Hires\)](#)

November 6, 2015

December 2, 2015

December 16, 2015

### [Planning for the Future: CSRS](#)

October 21, 2015

### [Planning for the Future: FERS](#)

October 22, 2015

## **Office of Personnel Management (OPM)**

### [Insurance Benefits for Active Federal Employees](#) (July 2015)

OPM provides an overview of available benefits for active federal employees.

### [Your Federal Insurance Benefits 2015 for Annuitants and Retiring Employees](#) (July 2015)

OPM explains the four insurance benefits available to qualifying retired federal employees and what to do if you are approaching retirement.

## **Federal Employees Long Term Care Insurance Program**

### [The FLTCIP \(Part 1\): Why Should I Plan for My Own Long Term Care?](#)

This webinar explores the realities of long term care and family caregiving. We also review possible long term care funding options (and their tradeoffs) such as Medicaid and investing.

October 21, 2015: [Registration Required](#)

November 17, 2015: [Registration Required](#)

December 1, 2015: [Registration Required](#)

December 9, 2015: [Registration Required](#)

### [The FLTCIP \(Part 2\): Protecting Your Retirement with a Plan for Long Term Care](#)

This webinar includes a thorough review of the benefits and features of the FLTCIP plan.

October 28, 2015: [Registration Required](#)

November 19, 2015: [Registration Required](#)

December 3, 2015: [Registration Required](#)

December 16, 2015: [Registration Required](#)

## **Federal Employees Dental and Vision Insurance Program: Benefits**

### [FEDVIP: Shop, Enroll, and Manage Your Dental and Vision Insurance](#)

November 5, 2015 [Registration Required](#)

## **Flexible Spending Accounts**

The FSAFEDS has a [video library](#) on a number of topics including types of accounts, eligible expenses, and reimbursement.

## **Thrift Savings Plan (TSP)**

The TSP has a number of videos available by [TSP4gov](https://www.tsp4gov.com) on various topics including how compounding earnings works, the various funds, how TSP fits into FERS, cost of taking a TSP loan, withdrawals, etc.