

## Attachment

### INFORMATIONAL WEBCASTS

*Including a LIVE Question and Answer session with the Experts!*

<p><b>Introduction to Open Season</b></p>	<p>Click on  <a href="http://new.livestream.com/OPMWebcast/20131113intro">http://new.livestream.com/OPMWebcast/20131113intro</a></p> <ul style="list-style-type: none"> <li>• What is Open Season?</li> <li>• What benefit programs are involved?</li> <li>• How do I enroll?</li> <li>• What are the effective dates?</li> <li>• Where can I get help?</li> </ul>	<p><b>Wednesday, November 13th</b>            1:30-2:30pm Eastern            12:30-1:30pm Central            11:30am-12:30pm Mountain            10:30-11:30am Pacific            Captioning:  <a href="http://recapd.com/w-b0458b">http://recapd.com/w-b0458b</a></p>
<p><b>The Federal Employees Dental and Vision Insurance Program (FEDVIP)</b></p>	<p>Click on  <a href="http://new.livestream.com/OPMWebcast/20131114fedvip">http://new.livestream.com/OPMWebcast/20131114fedvip</a></p> <ul style="list-style-type: none"> <li>• What dental and vision benefits are available?</li> <li>• Why would I need supplemental dental and vision insurance?</li> <li>• How much does it cost?</li> <li>• How do I pick a plan?</li> </ul>	<p><b>Thursday, November 14th</b>            1:30-2:30pm Eastern            12:30-1:30pm Central            11:30am-12:30pm Mountain            10:30-11:30am Pacific            Captioning:  <a href="http://recapd.com/w-bf5d4e">http://recapd.com/w-bf5d4e</a></p>
<p><b>The Federal Flexible Spending Account Program (FSAFEDS)</b></p>	<p>Click on  <a href="http://new.livestream.com/OPMWebcast/20131119safeds">http://new.livestream.com/OPMWebcast/20131119safeds</a></p> <ul style="list-style-type: none"> <li>• What is a flexible spending account?</li> <li>• How does it work?</li> <li>• What expenses are eligible for reimbursement?</li> <li>• Where can I get more information?</li> </ul>	<p><b>Tuesday, November 19th</b>            1:30-2:30pm Eastern            12:30-1:30pm Central            11:30am-12:30pm Mountain            10:30-11:30am Pacific            Captioning:  <a href="http://recapd.com/w-750e1c">http://recapd.com/w-750e1c</a></p>

### 2013 OPEN SEASON RECORDED INFORMATIONAL WEBCASTS

<p><b>The Federal Employees Health Benefits Program (FEHB): Do I Have the Right Health Plan?</b></p>	<ul style="list-style-type: none"> <li>• What kinds of health plans are available?</li> <li>• What should I consider in picking a health plan?</li> <li>• How can I compare health plans available to me?</li> </ul>	<p><b>Available November 12, 2013 at:</b></p> <p>Click on  <a href="http://www.opm.gov/healthcare-insurance/open-season/resources/informational-webcasts">http://www.opm.gov/healthcare-insurance/open-season/resources/informational-webcasts</a>            to view webcast</p>
<p><b>Medicare and the</b></p>	<ul style="list-style-type: none"> <li>• What is Medicare?</li> <li>• How much does Medicare cost?</li> <li>• When can I enroll in Medicare?</li> </ul>	<p><b>Available November 12, 2013 at:</b></p> <p>Click on  <a href="http://www.opm.gov/healthcare-">http://www.opm.gov/healthcare-</a></p>

<b>Federal Employees Health Benefits Program (FEHB)</b>	<ul style="list-style-type: none"> <li>• How does Medicare coordinate benefits with the FEHB Program?</li> <li>• Should I enroll in Medicare?</li> </ul>	<a href="#">insurance/open-season/resources/informational-webcasts</a> to view webcast
<b>Quality Measures HEDIS/CAHPS</b>	<ul style="list-style-type: none"> <li>• What is quality healthcare?</li> <li>• Does my health plan offer quality healthcare for me?</li> <li>• What are the top performing FEHB health plans?</li> <li>• What are members saying about their experience with FEHB health plans?</li> </ul>	<b>Available November 12, 2013 at:</b>  Click on <a href="http://www.opm.gov/healthcare-insurance/open-season/resources/informational-webcasts">http://www.opm.gov/healthcare-insurance/open-season/resources/informational-webcasts</a> to view webcast