

MBTI: Type in the Workplace

Over your lifetime, you will spend between 50,000 to 100,000 hours at work, more than any other activity. Understanding personalities-both your own and the people with whom you work-is vital to spending a lifetime of engaged, productive, collaborative, and satisfying work. During this session, we will refer to the Myers-Briggs Type Indicator (MBTI) instrument to explain the importance of the four domains of psychological type to the work environment. Specifically, we will examine what the various type preferences are looking for in communication and during times of change. Respecting and appreciating these differences (diversity and inclusion) will result in healthier, more productive teams.

Kathy Faison

Kathy Faison is the Supervisory Development Program Manager at USGS and works in the Office of Organizational and Employee Development (OED). She has worked at the USGS for 9 years. Prior to joining the federal government, she worked as an Employment Specialist in Human Resources and a Region Employee Development Administrator in the private sector. She also worked in the Equal Opportunity field while on active duty with the Air Force. She has used the Myers-Briggs Type Indicator (MBTI) extensively for both one on one career development counseling and team building. She holds the Master Practitioner Certificate for the MBTI, a Bachelor of Science in Business Administration and a Masters of Arts in Management.

* closed session details

This session is closed to those who have already taken the MBTI assessment. At this time, we do not have any extra assessments available. Anyone who knows their Myers-Briggs Type is welcome to attend. This also includes those individuals who have taken the assessment within the last 6 months, but have not received their evaluation summary. Kathy Faison will forward assessment results to those who took the MBTI through OED since the beginning of the year.