

MBTI: Type Basics

A common experience in people's lives is that they notice how their families, friends, and coworkers do not experience or view the world as they do. Psychological type is a theory of personality developed by Swiss Psychiatrist Carl Jung that gives us insight how and why people understand and approach the world in such different ways. The Myers-Briggs Type Indicator (MBTI) is a self-report questionnaire designed to make Jung's type theory understandable and useful in everyday life. During this session, we will discuss the basics of psychological type and explain your assessment results.

Kathy Faison

Kathy Faison is the Supervisory Development Program Manager at USGS and works in the Office of Organizational and Employee Development (OED). She has worked at the USGS for 9 years. Prior to joining the federal government, she worked as an Employment Specialist in Human Resources and a Region Employee Development Administrator in the private sector. She also worked in the Equal Opportunity field while on active duty with the Air Force. She has used the Myers-Briggs Type Indicator (MBTI) extensively for both one on one career development counseling and team building. She holds the Master Practitioner Certificate for the MBTI, a Bachelor of Science in Business Administration and a Masters of Arts in Management.

* closed session details

This session is closed to those who have already taken the MBTI assessment. At this time, we do not have any extra assessments available. Anyone who knows their Myers-Briggs Type is welcome to attend. This also includes those individuals who have taken the assessment within the last 6 months, but have not received their evaluation summary. Kathy Faison will forward assessment results to those who took the MBTI through OED since the beginning of the year.